



Day Skipper

Cruising Scheme

Get wet, Get on the water!

Objective	The aim of the ISA Day Skipper (Sail) course is to provide participants with the basic skills and knowledge necessary to skipper a sailing yacht by day in waters with which you are familiar.
Previous knowledge / experience	No previous experience or knowledge of sailing is required or assumed.
Types of Boats	The course must be completed aboard a sailing yacht.
Duration	5 days during which you will be living on board the training boat.
Assessment	<p>Assessment is continuous through the course. However Instructors may at their discretion require the use of a formal practical assessment of boat handling skills and or a short written paper or oral interview in assessing your level of background knowledge.</p> <p>Day Skipper certificates may only be awarded following successful course completion. Certificates cannot therefore be issued solely on the basis of assessments completed without course attendance.</p>
	<i>By the end of this course you will be able to do the following:</i>
Preparation for sea	<ul style="list-style-type: none">⇒ Engine, battery and fuel checks⇒ Stopcocks and stowage⇒ Personal and yacht's safety equipment checks⇒ Sea area forecasts: sources and local interpretation⇒ Discussion of 5 day overall plan and crew briefing⇒ Chart and publications check⇒ Basic tidal considerations

Where can you go to do this course?

This course can only be run by an ISA Training Centre. All ISA Training Centres have all gone through a rigorous accreditation process to ensure that they provide high quality training in a safe environment. With Training Centres based in every corner of Ireland there are plenty to choose from for training close to home or while on holiday.

To find a full list of ISA Training Centres & Courses in your area go to www.sailing.ie/training

To purchase a Small Boat Sailing Scheme Logbook please logon to the ISA shop www.sailing.ie/shop



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Safety	<ul style="list-style-type: none"> ⇒ Precautions necessary to prevent fire, use of fire blanket and extinguishers, use of personal safety equipment, precautions necessary when using gas appliances ⇒ Care necessary when cooking in a seaway ⇒ Understanding of how, and when, to use all safety equipment
Deck work	<ul style="list-style-type: none"> ⇒ Ability to reef, shake out reef, select and change or furl sails to suit conditions ⇒ Slipping a buoy and unberthing ⇒ Preparing to anchor, anchoring and weighing anchor ⇒ Mooring to buoy or berthing alongside ⇒ Use of warps and springs ⇒ Setting up to give or take a tow
Navigation	<ul style="list-style-type: none"> ⇒ Understanding of charted information, distances and direction ⇒ Basic visual position fixing ⇒ Position fixing by GPS or similar radio navigation aid ⇒ Simple course to steer for short passages ⇒ Buoyage ⇒ Yacht's log book as navigational record ⇒ Use of sailing directions, cruising guides and cruising almanacs
General duties	Day to day running of a cruising yacht, allocating watch rotas, housekeeping duties and provisioning

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Basic pilotage techniques	<ul style="list-style-type: none"> ⇒ Prepare simple pilotage plan ⇒ Use of transits, clearing bearings and soundings ⇒ Use of electronic navigation aids such as radar and GPS or Loran
Yacht handling under power	<ul style="list-style-type: none"> ⇒ Bring the yacht safely to and from a berth alongside, moor to a buoy and anchor in moderate tidal conditions
Yacht handling under sail	<ul style="list-style-type: none"> ⇒ Bring the yacht safely to and from a buoy and anchor under moderate tidal conditions ⇒ Steer and trim sails effectively on all points of sailing ⇒ Hold a steady compass course at night ⇒ Ability to take control and effect rescue of man overboard ⇒
Rules of the road	<ul style="list-style-type: none"> ⇒ Importance of keeping a good lookout at all times ⇒ Working knowledge of International Regulations for Preventing Collisions at Sea
Weather	<ul style="list-style-type: none"> ⇒ Awareness of the sources of local sea forecasts ⇒ Interpretation of sea area forecasts ⇒ Importance of barometer in local forecasting ⇒

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