



ISA DUBARRY NATIONAL CONFERENCE
March 2012





***Irish sailing team
will stand on podium
at 2012 Olympics***

ISA Olympic

***mission to create
world class sailing
system and culture***



THE ISA PERFORMANCE PATHWAY

The ISA Performance Pathway is designed to help sailors, parents and clubs understand how best to progress within the ISA Junior, Youth and Olympic programmes.



YOU GET: *Sailing Benefits*

- Pro coaching & modern training systems
- Class choice to fit you
- Latest Sports Science
- Grow your talent & gain sailing skills for life

YOU GET: *Lifestyle Benefits*

- Parent's programme
- Balance with education
- Learn skills for life
- Team support & social network

YOU GET: *Funding Benefits*

- Irish Sports Council (ISC) funding
- ISC carding scheme access
- Irish Institute of Sport support
- Potential for patron and sponsor support

Before and After the Pathway

- Before-Pathway training weekends – try the class before moving
- After-Pathway skills transferable – to all other areas of sailing and life





**2011...
World Cup
Bronze Medal...**



**...Bronze Medal
at Europeans...**

ISA Olympic

*...and the
future is bright.*



Perth 2011

3 boats qualified...



ISA Olympic

**...6th
in Laser Radial...**

ISA Olympic

A photograph of two male sailors in a 49er dinghy racing on the water. The sailor in the foreground is wearing a black racing suit with white and red accents, a black visor, and white gloves. He is leaning forward, holding the tiller. The sailor behind him is also in a black racing suit. The boat is white and has a grey sail. The water is blue and white with splashes. In the background, there are hills and buildings under a cloudy sky.

*...and
10th
in 49er*

ISA Olympic



**...12th
in Star class...**



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