

# **Irish Sailing Training Senior Instructor Briefing 2018**

## **Welcome**



Dave Garvey – Training Development Officer

# Training Workshop

## Topics for this evening

Irish Sailing Developments

SI Role In The Training Centre

Instructor Development Progression

Your Feedback To Irish Sailing



# Irish Sailing Developments

## – Assistant Instructor Qualification

- Assistant Instructor qualification now issued by Training Centre on Passport
- Clarification of pre-requisites and role depending on age, 15 – 17ys or 17yrs+, published

## – Passport Sailor Log

- All personal skills certification now issued via Checkclick online Passport
- Sailors to be encouraged to use Passport to log personal sailing both on training courses and any other sailing activity
- Instructor Pre-Entry and Assistant Instructor also recorded on Passport





# Irish Sailing Developments

## – Revised Powerboat Scheme

- Launched June 1<sup>st</sup>
- Syllabus details in Instructor Handbook

## – Key Points

- Increased use of Introduction To Powerboating
- More consistent delivery and standard of certification on National Powerboat Certificate
- New module on Safetyboat Certificate course catering for non-sailing specific use
- New Intermediate Powerboat Certificate replacing Recreational Powerboat Certificate

# Irish Sailing Developments

- Key Points cont.
  - Revised Advanced Course pre requisite log requirements
  - Standard exercise pack for Coastal Navigation for Small Boats

# Senior Instructor Role

- What do you feel is your role/s as an SI in a Training Centre is?
- What do you feel the role/s you are asked / expected to undertake are in a Training Centre?

# Senior Instructor Role

- Lead Instructor
  - Mentor
  - Organiser
  - Problem Solver
  - Motivator
- Expert
  - Safety
  - Syllabus
  - Requirements
  - Procedures
  - Standards



# Senior Instructor Role

- Communicator
  - Sailors
  - Instructor team
  - Parents
  - Committee
  - Management
  - Irish Sailing
- Developer
  - Courses
  - Activities
  - Instructors
  - Other helpers

# Instructor Pre-requisites

- Age \*
  - Must be 17 within 6 months of course start date
- National Powerboat Certificate\*
  - Tiller and console endorsed
  - 20 hours logged after course
- Pass the Pre-Entry Assessment\*
- Current First Aid Certificate
  - Course min 8 hrs
  - Covering CPR and Cold water immersion
- Safeguarding 1 (from 1/9/2017)
- Garda Vetting, Irish Sailing

\* Items must be completed before commencing the instructor course. Other items may be completed within 6 months following the course but certification process is quicker if all completed in advance

# Instructor Pre-requisites

- **Advanced Instructor** (additional pre-requisites)
  - Safetyboat certificate
  - Logged instructional experience
  - Logged personal skills experience, Note: Club instructors typically lack adventure skills type experience, commercial centre instructors typically lack racing experience
- **Senior Instructor** (additional pre-requisites)
  - Age 19yrs
  - Safetyboat certificate
  - Logged instructional experience in at least 2 organisations
  - Hold Adv instructor endorsement or complete pre entry assessment

# Instructor Pre-requisites

## Common Issues

- Pre-entry
  - Lack of double handed experience
  - Lack of practice of Seamanship type skills
  - Lack of pre-preparation for background paper
- Powerboat Certification
  - Certification in console only boats
  - Insufficient logged experience
  - Lack of exposure to suitable boats
- Emergency Care / First Aid
  - Uncertainty over providers meeting requirements
  - Accessing providers

# Instructor Pre-requisites

## Possible Solutions

### – Pre-entry

- Run during sailing season (July / Aug), valid for 12mths
- Provide focused coaching in suitable boats, ADV or ABH instructor most suitably qualified to deliver
- SI to run a mock assessment
- Contact local Instructor Trainer for guidance
- Consider running over 2 days to allow for coaching time with Trainer
- Smaller organisations pool with others near by to share pre-req elements
- Register with Irish Sailing to publicise and improve ease of access for participants



# Instructor Pre-requisites

## Possible Solutions

### – Powerboat Certification

- Start with Intro To Powerboat cert in suitable boats at a younger age, as part of AI / Instructor prep
- Ensure PB courses offer both tiller and console boats
- Incentivise experience building through engagement with other club activity
- Look at providing at cost / subsidised PB training in your organisation
- Smaller organisations pool with others near by to share pre-req elements
- Consider upgrade to Safetyboat cert as part of CPD / Incentive package

# Instructor Pre-requisites

## **Suggestions from training workshops**

- Continue sailing skills development as long as possible before rushing into instructor pathway
- Involve advanced module participants in course management
- Use an intern year with mix of assisting and pre-requisite prep
- Schedule in pre-req courses in advance between neighbour clubs
- Share resources between neighbour clubs and schools, e.g. boat types, PB only school work with club
- Use resources in your organisation, e.g. PB instructors, Emergency care instructors

# Instructor Development

## Typical Pathway

- Assistant Instructor
  - Min age 15
  - Hold at least 1 advanced module cert
  - Trained in house by SI
  - Experience building / role familiarisation
  - Start acquiring instructor pre-requisites
- Dinghy Instructor
  - Begin with Start Sailing or Basic Skills
  - Develop into Improving Skills
  - Diversify experience with different age groups and / or locations (work towards Adv instructor or SI)

# Instructor Development

## Typical Pathway

### Advanced Instructor

- Wide range of instructional experience
- High level of personal skill in a range of boats
- Good range and depth of background knowledge
- Dynamic / energetic personality
- Sport role model

### Senior Instructor

- Wide range of instructional experience in a number of locations
- Solid core skills and background knowledge
- Very good organisational skills
- Ability to communicate effectively with all groups
- Good leadership qualities
- Mentor to others

# Instructor Course Organisation

- Who can host instructor courses?
  - Any Irish Sailing Training Centre can host instructor courses or CPDs for disciplines and levels for which it has accreditation
  - There are requirements for equipment, shore and water facilities which need to be available for the course (available online or contact your local Instructor Trainer)



# Instructor Course Organisation

- When to run them?
  - For DI courses peak demand is Oct mid-term and Easter
  - For ADV and SI courses participants are generally college age so work around exam times
  - Late Aug is under used and a good time for DI before back to school
  - Beginning Sep could be good for college students
  - Courses can also be split over two weekends

# Instructor Course Organisation

- Setting up a course
  1. Contact an Instructor Trainer to check requirements, dates and moderating Trainer (Contact details online)
  2. Email [training@sailing.ie](mailto:training@sailing.ie) with the above information min of 1 month ahead of the course
  3. Ensure those booking on to the course have the required pre-requisites
  4. Work with course Trainer to circulate pre-course information to participants
  5. Confirm numbers with IS Training for course packs

# Your Feedback To Irish Sailing

- 1. What do you see currently as the 3 strongest elements of Irish Sailing training schemes?
- 2. What do you see currently as the 3 most immediate improvements Irish Sailing could make to our Training Schemes?

# Your Feedback To Irish Sailing

## Current Strengths:

- Variety of Schemes and development of course elements through schemes
- Communication with Clubs / Centres
- Instructor training Standards

# Your Feedback To Irish Sailing

Areas to improve:

- Access to instructor courses
- More consistency of standards of certification, focus on skills not certs
- Support for Passport



# Thank You For Your Time

Dave Garvey – Training Development Officer

